



Dear Parents and Carers,

21st Sept 2017

On Thursday 28th September, we are able to offer our parents/carers a really exciting opportunity. This is a repeat of the workshop we ran last March, which was very successful.

In partnership with Jo Armstrong, a dedicated, highly trained family worker, we will be running an insightful, two hour workshop. The workshop intends to support parents/carers with six key areas of parenting:

1. Encouraging Positive behaviour/ boundaries
2. Appropriate Punishments
3. Development - what can we expect?
4. Promoting Independence
5. Affection and emotional well-being
6. When are they old enough? (includes laws and responsibilities of the parent)

All of these areas can present challenges for any parent/carer on a daily basis and we hope that this course will give you the opportunity to discuss helpful strategies, talk through any challenges they have faced and problem solve together.

As well as Jo's expertise, this course will allow parents and carers the unique opportunity to build wider support networks and friendship groups across the school community.

Following the course and feedback from participants, there is a possibility for further meetings and groups, tailored exactly to your requirements.

We hope that lots of you are keen to join us as we feel that this will be really beneficial and positive for all involved.

Places will be limited to 15 adults, so if you would like to join us, please return the attached slip to your child's teacher. We will confirm your place shortly.

If you have any queries, please speak to Mrs Unwin, who will be co-hosting.

We look forward to seeing you,
Mrs Breedon

Parenting Workshop - Thursday 28th Sept 1:00pm-3:00pm
Please reserve a place for me at the parenting workshop.

Name of parent/Carer: _____

Name of child: _____

Child's class: _____