

Rawmarsh Ashwood Primary School

School Meal Menus

Menu 1

Weeks commencing 7th & 28th Nov, 2nd & 23rd Jan, 13th Feb

Menu 2

Weeks commencing 14th Nov, 5th Dec, 9th Jan, 30th Jan

Menu 3

Week commencing 21st Nov, 12th Dec, 16th Jan, 6th Feb



Meals are £2.05 per day or £10.25 per week (for children in Years 3 to 6)

Week 1

7th & 28th Nov, 2nd & 23rd Jan, 13th Feb

BAND	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Pasta Bolognaise (H/M)	Chicken Enchiladas (H/M)	Burger in a Bun	Roast Chicken with Sage & Onion Stuffing	Fish Fingers
YELLOW	Quorn Sausage Hotpot (V)	Cheese & Tomato Pizza (V)	Salmon Fishcake (H/M)	Quorn Tortilla Layer (H/M)(V)	Macaroni Cheese (V)
GREEN	Jacket Potato with Cheese	Jacket Potato with Bolognaise/Cheese	Jacket Potato with Beans/Cheese	Jacket Potato with Cheese/Tuna	Jacket Potato with Beans/Cheese
	Garlic Bread Creamed Potatoes	Potato Wedges	Diced Potatoes	Roast/Creamed Potatoes	Chips
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Chocolate Orange Sponge & Chocolate Sauce	Marble Sponge & Custard	Sticky Ginger Slice & Custard	Roly Poly & Custard	Cornflake Tart & Custard
	Strawberry Mousse	Ice Cream & Fruit Wedges	Muffin	Cookie & Milk	Cold Selection

**Salad, Fresh Fruit, Yoghurt and Milk are all available every day
H/M – Homemade V – Vegetarian**

Week 2**14th Nov, 5th Dec, 9th Jan, 30th Jan**

BAND	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Savoury Mince & Dumplings (H/M)	Italian Chicken Pasta (H/M)	Chicken Curry with Naan Bread	Roast Pork with Sage & Onion Stuffing	Harry Ramsden's Battered Fish
YELLOW	Cheese & Tomato Pizza (V)	Quorn Cottage Pie (H/M)(V)	Vegetable Lasagne (H/M)(V)	Cheese Flan (H/M)(V)	Quorn Bolognese (H/M)(V)
GREEN	Jacket Potato with Cheese	Jacket Potato with Beans/Cheese	Jacket Potato with Curry/Cheese	Jacket Potato with Tuna/Cheese	Jacket Potato with Cheese
	Potato Wedges	Creamed Potatoes	Garlic Bread	Roast/Creamed Potatoes	Chips
		Garlic Bread	Boiled Rice		Garlic Bread
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Lemon Drizzle Sponge & Custard	Bakewell Tart & Custard	Iced Sponge & Custard	Toffee Apple Sponge & Custard	Banoffee Slice & Custard
	Cookie & Juice	Fruit Sundae	Chocolate Mousse	Australian Crunch	Rice Crispy Bun & Milk

Week 3**21st Nov, 12th Dec, 16th Jan, 6th Feb**

BAND	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Lasagne (H/M) & Garlic Bread	Sausage & Yorkshire Pudding	Cottage Pie (H/M)	Roast Gammon & Pineapple	Fish Goujons
YELLOW	Quorn Cowboy Pie (H/M)(V)	Tomato Pasta Bake (H/M)(V) & Garlic Bread	Cheese & Tomato Pizza (V)	Picnic	Vegetable Ravioli (V) & Crusty Bread
GREEN	Jacket Potato with Cheese	Jacket Potato with Cheese /Bolognese	Jacket Potato with Beans/Cheese	Jacket Potato with Cheese/Tuna	Jacket Potato with Cheese
	Diced Potatoes	Roast Potatoes	Potato Wedges	Roast/Creamed Potatoes	Chips
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	Jam Whirl & Custard	Flapjack & Custard	Lemon Shortcake & Custard	Fruit Crumble & Custard	Chocolate Brownie & Custard
	Pinwheel Biscuit & Milk	Chocolate Fudge Slice	Cupcake	Cold Selection	Cold Selection

Salad, Fresh Fruit, Yoghurt and Milk are all available every day
H/M – Homemade V – Vegetarian

All food oven baked (inc. potato products) wherever possible.
 Bread available daily without spread. All desserts are made in the school kitchen

Menus subject to change