

After School Karate Club

In Partnership with
Sheffield Dragons

Working with instructors from Sheffield Dragons Karate Club you will learn a variety of skills and techniques to introduce you to karate. In these fun, energetic sessions you will be taught a range of self-defence skills whilst enhancing your fitness and self-confidence.

Suitable for beginners

**Start Date: Tuesday 5th March
(5 Weeks)**

**When: Straight after school until 4.05pm at
Rawmarsh Ashwood Primary School**

**Cost: £5 (To be paid by ParentPay once place
has been confirmed)**

Who is it for? Year groups 3 - 6

Please complete the registration form on the reverse page.

If you have any questions or require further information please see school reception or alternatively call John Bell on 07717733261.

