## After School Karate Club

**Delivered By** 

## **Sheffield Dragons**

Working with instructors from Sheffield Dragons you will learn a variety of skills and techniques to introduce you to karate. In these fun, energetic sessions you will be taught a range of self-defence skills whilst enhancing your fitness and self-confidence.

## Suitable for beginners

Start Date: Wednesday 11th Jan - 8th Feb (5 Weeks)

When: After School 3.15 to 4.15pm in the school hall

**Cost:** £5pp (for 5 weeks) payable via ParentPay once a place has been confirmed. The club is free for children receiving pupil premium funding.

Who is it for? Year groups 1 – 3

## PLACES ARE LIMITED

Please complete the registration form and return it to school by 12<sup>th</sup> December.

If you have any questions or require further information please see school reception or alternatively call John Bell on 07494749226.







